



All children deserve the chance to discover the things they do well, activities they enjoy, and basic steps to living long, healthy lives. Elementary and middle school children are participating in GO FAR clubs across the country. Through GO FAR, they not only get active, they also learn healthy eating habits, explore good character skills, and discover self-confidence, all while having fun!

Scott City Elementary will be starting a new season of the GO FAR running club on **March 19th!** GO FAR is a comprehensive fitness program designed to teach children of all abilities about healthy eating, goal setting, and how to train to walk/run a 5K (3.1 miles). GO FAR was created to fight the childhood obesity epidemic while teaching kids that active lifestyles can be sustained throughout their lives.

**\*\*\* This interest form DOES NOT guarantee your child a position in the GO FAR running club\*\*\***

***Due to the overwhelming interest we had in the club in past years, we will be limiting the spots we have available for participants so we can manage the group effectively! A selection process will take place to fill the GO FAR club openings.***

**Our Season:** March 19<sup>th</sup> thru May 3<sup>th</sup> / ending with a race on Saturday, May 5<sup>th</sup>

**Meeting Times:** Mondays & Thursdays / 3:30-5:00 (**ALL participants must be picked up at 5:00**)

**Where:** soccer fields/park trail (we will begin & end our session in the gym)

**Cost:** \$10 (nonrefundable) per child (*due by March 1 if your child is selected*)

*\*\*This will cover required training materials and participation in our race.*

*\*\*The SCORE program is sponsoring our GO FAR club this year by paying for half of each child's participation fee (normally \$20) – we are so thankful!*

**Return the bottom portion of this interest flyer by February 15<sup>rd</sup> to the SCES office!  
NO LATE FORMS WILL BE CONSIDERED!**

Questions? Please contact:

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\_\_\_\_\_ YES, my child would like to participate & I understand that if my child is selected to participate in the GO FAR program that \$10 will be due by March 1!



Student's Name: \_\_\_\_\_ T-shirt Size: \_\_\_\_\_

Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

\_\_\_\_\_ Please check here if you are interested in being a parent volunteer and helping with our practices!