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FEBRUARY/MARCH 2018



February is Dental Health Month! Help your children keep a bright, healthy smile!

- New parents often ask, "When should my child first see a dentist?" Your child should see a dentist by his or her first birthday.
- Begin using toothpaste to brush your child's teeth when he (or she) is 2 years old.
- As soon as two teeth touch each other, floss between them once a day. You can use regular floss or special plastic floss holders.



Healthy Eating Contest is back at Elementary! March 26-30—check March Frig Notes for details



IN HONOR OF DR. SEUSS' BIRTHDAY— MARCH 2ND—GREEN EGGS & HAM WILL BE SERVED FOR BREAKFAST IN ALL SCOTT COUNTY SCHOOLS !



NATIONAL SCHOOL BREAKFAST WEEK—MARCH 5-9—Give school breakfast a try! Favors will be given on selected days



FUN FACTS

- Think of all the fruits and vegetables you eat. Are any of the vegetables you eat really fruit? How about tomatoes, peppers or green beans? They all have seeds and are all fruit. Pumpkins, squash, and cucumbers are also fruit.
- Kiwis Beat Oranges in Vitamin C. Ounce for ounce, kiwis pack the biggest **nutritional** punch of any **fruit** in your produce aisle



DID YOU KNOW?

- “The more that you read. The more things you will know. The more that you learn, the more places you’ll go.”
- Dr. Seuss had no biological children. It was told he said “You make them, I’ll amuse them”

HEALTHY HABITS ARE IMPORTANT AT HOME

Your children are learning eating habits that will last a lifetime.

When family members participate in activities together – share meals, communicate and establish roles and responsibilities – they are more likely to be successful in achieving their health-related goals. •

This institute is an equal-opportunity provider

**ORGANIZATION  
NAME**

Address Line 1  
Address Line 2  
Address Line 3  
Address Line 4

Tel: 555 555 5555  
Mobile: 555-555-5555  
Fax: 555 555 5555  
E-mail: someone@example.com



*Tag line goes here.*

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We're on the Web!  
example.microsoft.com

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Caption describing picture or graphic.

Mailing Address Line 1

Mailing Address Line 2

Mailing Address Line 3

Mailing Address Line 4

Mailing Address Line 5

## BACK PAGE STORY HEADLINE

This story can fit 175-225 words.

If your newsletter is folded and mailed, this story will appear on the back. So, it's a good idea to make it easy to read at a glance.

A question and answer session is a good way to quickly capture the attention of readers. You can either compile questions that you've received since the last edition or you can summarize some generic questions that are frequently asked about your organization.

A listing of names and titles of managers in your organization is a good way to give your newsletter a personal touch. If your organization is small, you may want to list the names of all employees.

If you have any prices of standard products or services, you can include a listing of those

here. You may want to refer your readers to any other forms of communication that you've created for your organization.

You can also use this space to remind readers to mark their calendars for a regular event, such as a breakfast meeting for vendors every third Tuesday of the month, or a biannual charity auction.

If space is available, this is a good place to insert a clip art image or some other graphic.