



NOVEMBER 2019 USD 466 BREAKFAST MENU GRAB & GO



Mon	Tue	Wed	Thu	Fri
HIGH SCHOOL STUDENTS HAVE A CHOICE OF UNCRUSTABLE OR MAIN ITEM	<ul style="list-style-type: none"> •Menus are subject to change •This institute is an equal opportunity provider 			1 NO SCHOOL 
4 Rice Krispy Treats Raisins Fruit Juice Milk	5 Mini Banana Bread Dried Fruit Sunflower Seeds (HS) Fruit Juice & Milk	6 Blueberry Muffin Banana Fruit Juice Milk	7 Cheese It's Craisins Fruit Juice Milk	8 Strawberry Parfaits Cinnamon Crisp (H.S) Fruit Juice Milk
11 Powdered Mini Donuts Dried Fruit Fruit Juice Milk	12 Gold Fish Crackers Craisins Fruit Juice Milk Sunflower Seeds (HS)	13 Go-Gurt Granola Bar Apple Slices Fruit Juice Milk	14 (PBJ)-H.S & M.S only Fresh Fruit Fruit Juice & Milk Strawberry Pastry HS & Elementary	15 Chocolate Mini Donuts Banana Fruit Juice Milk
18 Strawberry Delight Pastry Dried Fruit Fruit Juice Milk	19 Chocolate Muffin Raisins Fruit Juice Milk Sunflower Seeds (HS)	20 Cheese-Its Baby Carrots Fruit Juice Milk	21 Mini Banana Bread String Cheese Fresh Apple Fruit Juice Milk	22 Peach Parfaits Grips Graham Snack –HS Fruit Juice Milk
25 Chocolate Mini Donuts Craisins Fruit Juice Milk	26 Breakfast Round Apple Slices Fruit Juice Milk	27 THANKSGIVING BREAK	28 	29 THANKSGIVING BREAK